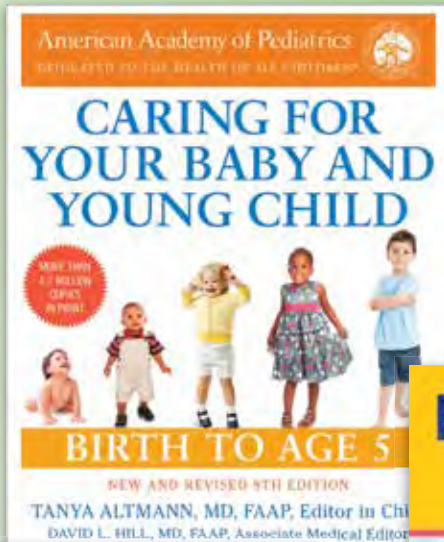


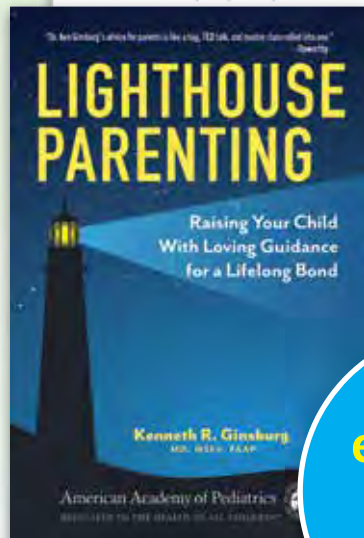
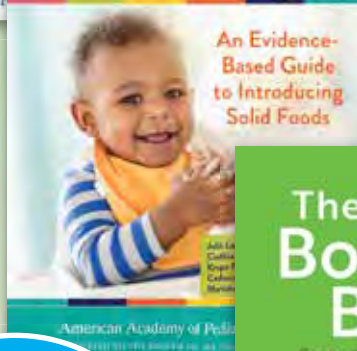
Discover new patient  
education resources  
for healthy,  
growing kids!



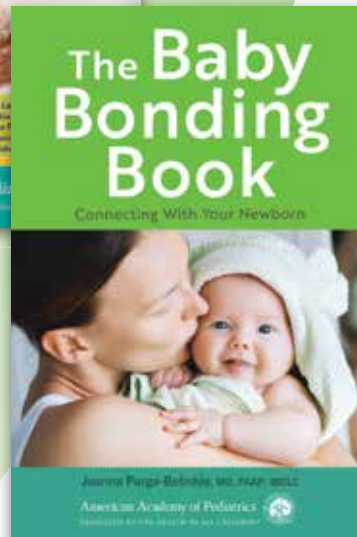
SPRING 2025 PATIENT EDUCATION CATALOG



## Baby Leads the Way



Save an  
extra 20%  
on booklets and  
brochures with  
promo code **GROW!**  
Look inside for details!



AAP Members  
**SAVE** every day!

shopAAP  
aap.org/shopaap

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®



# Patient Education Resources

Trusted Information From the American Academy of Pediatrics

Kids are always growing! And as a professional who cares for children, you want to help make sure they grow as happily and healthily as possible. That's where patient education resources from the AAP come in. When you share pediatrician-authored books and accessible booklets and brochures, you help parents and caregivers tend to their growing children at every age and stage!

The newborn period is a crucial time for both physical growth and the development of a baby's biochemistry. In **The Baby Bonding Book: Connecting With Your Newborn** (page 5), neonatologist Joanna Parga-Belinkie helps new mothers discover the ways that delivery, breastfeeding, crying, and sleep—both theirs and baby's—are the building blocks of bonding, safety, and attachment.

As babies get older, starting solid foods is a critical phase in the development of healthy eaters. Our new book, **Baby Leads the Way: An Evidence-Based Guide to Introducing Solid Foods** (page 3), helps parents introduce a wide variety of solid foods with baby-led feeding techniques that focus on safe, nutritious, and healthy meals for the whole family.

Babies and kids just keep getting bigger, and AAP parenting books help caregivers keep up! Our flagship guide, **Caring for Your Baby and Young Child: Birth to Age 5** (page 3), is a comprehensive reference to the first 5 years after birth. And resources like the latest from adolescent medicine expert Dr Ken Ginsburg, **Lighthouse Parenting: Raising Your Child With Loving Guidance for a Lifelong Bond** (page 7), will make sure kids' mental health and their relationships with their parents grow and strengthen along with their bodies.

Finally, this spring we're offering you the chance to stock up and save on our patient education booklets and brochures, including our newest booklet, **Toddler Care: A Guide for Parents and Caregivers** (page 12). Now through April 25, 2025, use **promo code GROW** at [aap.org/shopaap](http://aap.org/shopaap) to save an extra 20% on brochures and booklets—that's on top of our regular member and bulk discounts!



## American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

### CONTENTS

<b>Parenting Books &amp; eBooks</b> .....	3
<b>Early Child Care, School Health, &amp; Safety</b> .....	11
<b>Parenting Booklets</b> .....	12
<b>Parenting Booklets &amp; Patient Education</b> .....	14
<b>Babies &amp; Toddlers Brochures</b> .....	15
<b>Safety, Illnesses, &amp; Conditions Brochures</b> .....	16
<b>Nutrition, Growth, &amp; Development Brochures</b> .....	17
<b>Behavioral &amp; Mental Health/Teen Topics Brochures</b> .....	18
<b>TIPP®—The Injury Prevention Program Forms &amp; Safety Resources</b> .....	19
<b>Professional Books</b> .....	20
<b>Digital Solutions &amp; AAP Toolkits</b> .....	21–23

### SATISFACTION GUARANTEED

Helping you do the best for the children in your care is our goal. If you are not satisfied with your purchase, you may return it, in salable condition, within 30 days after receipt of order. Please call for return authorization and details: inside the United States and Canada, call 866-843-2271. Outside the United States and Canada, call 630-626-6000. Shipping and handling charges are nonrefundable. eBooks and downloadable products are nonrefundable. All pricing and specifications in this catalog are subject to change without notice.

### ABOUT THE AAP

The AAP is an organization of 67,000 primary care pediatricians, pediatric medical subspecialists, and pediatric surgical specialists dedicated to the health, safety, and well-being of all infants, children, adolescents, and young adults. The AAP is also the largest publisher in the field of pediatrics, with more than 500 titles in print. In addition to the parent education materials featured in this catalog, we publish a wide variety of professional reference titles for pediatric health care and child care providers. To request a copy of the complete catalog of all AAP materials, please call the toll-free number below.

### ORDER TODAY AND SAVE!

#### ONLINE

[shop.aap.org/for-parents](http://shop.aap.org/for-parents)

For secure online ordering. Visa, MasterCard, Discover, and AMEX accepted.

#### PHONE

866-843-2271

7:30 am to 5:00 pm (CT)

For bulk orders, call 800-433-9016, ext 6171.

(630-626-6000 outside the United States and Canada)

#### FAX

847-228-1281

Include credit card number or copy of purchase order.

ages & stages



healthychildren.org

Powered by pediatricians. Trusted by parents.

**HealthyChildren.org Ages & Stages messaging program!**



Parents can sign up to receive important, age-specific texts and emails from the American Academy of Pediatrics.

▲ Download this free flyer to give to parents today!





*Empower parents and reduce unnecessary calls to your office with AAP parenting titles!*

**25–249 Copies—40%\* Savings! • 250–499 Copies—50%\* Savings!**

500+ Copies—Call 800-433-9016, ext 6171, or email [nationalaccounts@aap.org](mailto:nationalaccounts@aap.org). \*Bulk discounts are taken from the retail price.

## Caring for Your Baby and Young Child

Birth to Age 5, 8th Edition

American Academy of Pediatrics

Editor in chief: Tanya Altmann, MD, FAAP

Associate medical editor: David L. Hill, MD, FAAP

**With more than 4.7 million copies in print, our flagship parenting title has shaped the health and well-being of children for more than 30 years!**

New parents looking for evidence-based, trusted parenting guidance have long turned to the AAP and *Caring for Your Baby and Young Child*. The revised and updated eighth edition of this parenting mainstay reflects current AAP policy statements and guidelines. Here is just a sampling of the topics included in this comprehensive handbook of child care.

- ADHD
- Allergies and asthma
- Autism spectrum disorder
- Behavior
- Breastfeeding
- Car safety seats
- Cough and cold treatment
- CPR instruction
- Early brain development
- Eczema
- Environmental hazards
- Head lice
- Immunizations
- Media and technology exposure
- MRSA infections
- Newborn screening
- Obesity
- Organic foods
- Parenting multiples
- Prebiotics
- Prenatal and newborn care
- Probiotics
- Resilience
- RSV prevention
- Safe sleep and SIDS
- Sickle cell disease
- Vitamin and iron supplementation

Also included is a complete health encyclopedia covering injuries, illnesses, congenital diseases, and other disabilities.

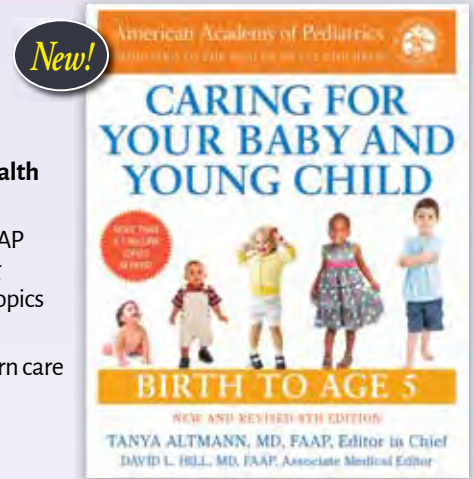
Paperback, October 2024—816 pages, 300 illustrations

CB0135

Book ISBN 978-1-61002-716-8

eBook ISBN 978-1-61002-718-2

Price: \$24.95 **Member Price: \$19.95**



## Baby Leads the Way

An Evidence-Based Guide to Introducing Solid Foods

Julie Laux, 101 before one Founder; Cinthia Scott, RD, IBCLC; Krupa Playforth, MD, FAAP; Catherine Callahan, MS, CCC-SLP, CLC; and Manisha Relan, MD, FAAP, FAAPAI, FACAAI

Written by a multidisciplinary team of experienced medical professionals and starting solids experts, this practical, research-backed comprehensive resource guides parents on how to safely introduce solid food to their baby. *Baby Leads the Way* offers a simple, step-by-step framework to support families in navigating this journey with confidence.

**Parents will learn how to**

- Teach their baby to self-feed from the start.
- Foster intuitive eating skills.
- Create balanced meals.
- Build adventurous eating habits.
- Introduce allergens early and often to reduce the likelihood of food allergies.
- Modify dishes to make meals the whole family can share.
- Follow responsive feeding practices.

The goal is simple: help parents introduce a wide variety of nutritious foods through family meals before baby turns 1 year old, setting the foundation for lifelong healthy eating habits.

Paperback, February 2025—205 pages

CB0140

Book ISBN 978-1-61002-762-5

eBook ISBN 978-1-61002-763-2

Price: \$19.95 **Member Price: \$16.95**





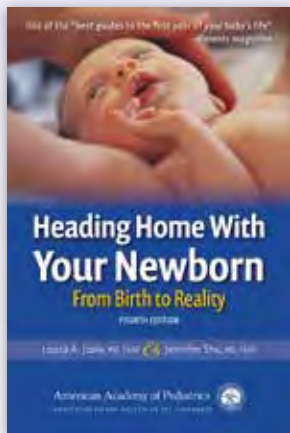
Paperback, June 2024—292 pages  
CB0138  
ISBN 978-1-61002-729-8  
Price: \$20 **Member Price: \$17**

## New Mother's Guide to Breastfeeding, 4th Edition

Editor in chief: Joan Younger Meek, MD, MS, RD, FAAP, FABM, IBCLC

New moms will learn how to give their babies the healthiest possible start with the fully revised and updated 4th edition of this trusted guide. It presents comprehensive, evidence-based information on topics such as preparing for the first feeding, pumping and storing milk, establishing a nursing routine, returning to work, and much more!

New to this edition are recommendations from the 2022 AAP policy statement “Breastfeeding and the Use of Human Milk,” guidance regarding safe sleep and management of jaundice, and a new chapter for mothers who experience challenges in breastfeeding.



Paperback, 2020—391 pages  
CB0120  
Book ISBN 978-1-61002-424-2  
eBook ISBN 978-1-61002-425-9  
Price: \$16.95 **Member Price: \$13.95**

## Heading Home With Your Newborn

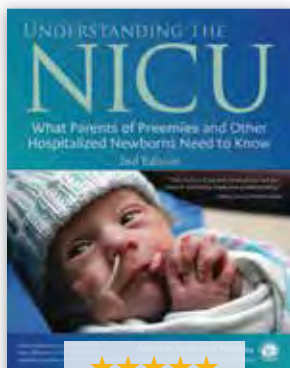
From Birth to Reality, 4th Edition

Laura A. Jana, MD, FAAP, and Jennifer Shu, MD, FAAP

**Send parents home from the hospital with confidence when you provide this invaluable guide.**

This best-selling guide covers everything from feeding and diapering to crying and sleep. It also includes information on

- Breastfeeding, pumping, and formula
- Safe sleep and sleep strategies
- Typical development and concerns to discuss with the pediatrician
- Illnesses and injuries
- Vaccines and well-baby visits
- “Baby blues” and postpartum depression, including symptoms and getting help
- And much more



★★★★★  
**5-Star Review**  
—Doodly's Book Reviews™

Paperback, 2023—357 pages  
CB0133  
Book ISBN 978-1-61002-665-9  
eBook ISBN 978-1-61002-667-3  
Price: \$18.95 **Member Price: \$15.95**

## Understanding the NICU

What Parents of Premies and Other Hospitalized Newborns Need to Know, 2nd Edition

Editor in chief: Meera Meerkov, MD, FAAP

Contributing editors: Gary Weiner, MD, FAAP, and Jeanette Zaichkin, RN, MN, NNP-BC

This fully revised and updated guide will support parents during their baby's time in the NICU by helping them communicate with members of the NICU team, ask the right questions, and participate as valuable partners in their baby's care. It addresses topics such as common NICU equipment and tests, common medical problems for babies in the NICU, special health issues for preterm newborns, feeding and parenting in the NICU, and heading home from the NICU. Inspirational stories from parents of hospitalized newborns will bring comfort and hope during a critical time.

## SAVE more than \$25! New Baby Gift Pack

- Special “Little Star” Picture Frame
- Heading Home With Your Newborn
- Caring for Your Baby and Young Child
- My Child Is Sick!
- Breastfeeding Your Baby
- Your Child's Health Record
- 3-in-1 First Aid, Choking, CPR Chart
- Choosing a Pediatrician
- Your Child's Growth
- Home Safety Checklist
- Car Safety Seat Checkup

CB0049  
Price: \$49.95 **Member Price: \$39.95**



## SAVE at least \$29! New Parent Library (A \$99 value!)

**Includes 6 key titles for new parents!**

- Caring for Your Baby and Young Child: Birth to Age 5
- New Mother's Guide to Breastfeeding
- Heading Home With Your Newborn: From Birth to Reality
- Baby and Toddler Basics: Expert Answers to Parents' Top 150 Questions
- Your Baby's First Year
- Dad to Dad: Parenting Like a Pro

CB0106  
Price: \$70 **Member Price: \$53**



## The Baby Bonding Book

Connecting With Your Newborn

Joanna Parga-Belinkie, MD, FAAP, IBCLC

In *The Baby Bonding Book*, pediatrician and neonatologist Joanna Parga-Belinkie helps new and expecting mothers focus on what is most important—building a relationship with their newborn. She gently encourages moms to tune out the noise and build a deep and intentional bond with their infant.

Dr Parga-Belinkie explains that the attachment between a mother and her newborn shapes the baby's biochemistry, which is the bedrock of the person they will become. While there are important health and safety decisions to be made, during the fleeting newborn period the most important thing new moms can do is be present for their child.

*The Baby Bonding Book* explores how delivery, breastfeeding, crying, and sleep—both baby's and mom's—are the building blocks of bonding, safety, and attachment. New and expecting mothers will appreciate Dr Parga-Belinkie's relatable voice and advice born as much from her experiences as a mother of 3 young children as from her pediatric training and expertise.

Paperback, available April 2025—250 pages

CB0141

Book ISBN 978-1-61002-785-4

eBook ISBN 978-1-61002-786-1

Price: \$19.95 **Member Price: \$16.95**



## Your Baby's First Year, 5th Edition

American Academy of Pediatrics

Editor in chief: Tanya Altmann, MD, FAAP

*Your Baby's First Year*, now fully revised and updated, provides authoritative advice on every aspect of newborn and infant care, including

- Guidelines for prenatal and newborn care, including screening tests during pregnancy
- Milestones for physical, emotional, social, and cognitive growth, as well as visual, hearing, language, and movement milestones
- Cutting-edge research on early brain development and how babies and young children think
- A complete health encyclopedia covering injuries, illnesses, and congenital diseases
- An in-depth discussion on breastfeeding, including its benefits, techniques, and challenges
- Revised nutrition recommendations, including the importance of early introduction of allergenic foods, and obesity prevention tips
- Tips for choosing child care programs
- Updated safety standards, including CPR instruction, safe sleep, childproofing tips, car safety seats, and toy safety
- Safety checks for home, including bathing and preventing drowning, poisoning, choking, burns, and falls

Paperback, 2020—787 pages

CB0122

Book ISBN 978-1-61002-478-5

eBook ISBN 978-1-61002-481-5

Price: \$9.99 **Member Price: \$7.99**



## Digging Into Nature

Outdoor Adventures for Happier and Healthier Kids

Pooja Sarin Tandon, MD, MPH, FAAP, and Danette Swanson Glassy, MD, FAAP

Pediatricians and nature experts Pooja Sarin Tandon and Danette Swanson Glassy make the convincing case that children and families will be happier, healthier, and more resilient when they spend time in nature. They offer a wealth of suggestions for nature-based, developmentally appropriate activities and suggestions for overcoming common challenges busy families face when trying to increase their outdoor time.

*Digging Into Nature* takes an inclusive approach—providing practical tips for parents of children with special health care needs, chronic health conditions, and cultural considerations to help all children reap the gifts that the great outdoors offers.

Paperback, September 2024—206 pages

CB0139

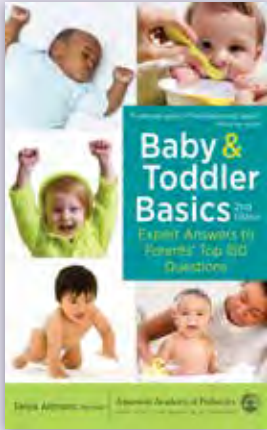
Book ISBN 978-1-61002-744-1

eBook ISBN 978-1-61002-746-5

Price: \$19.95 **Member Price: \$16.95**







## Baby and Toddler Basics

Expert Answers to Parents' Top 150 Questions, 2nd Edition

Tanya Altmann, MD, FAAP

Parents of children from birth to age 3 will find answers to their most frequently asked questions in this easy-to-understand guide. Topics covered include breastfeeding, baby care, developmental stages, first aid and injuries, sleep, vaccines, and more, all presented in a user-friendly Q&A format. Parents can dip in and out of this resource as needed for trustworthy information, offering evidence-based answers at their fingertips and letting them skip the contradictory, misleading, and sometimes dangerous information on the internet. This new edition is fully revised and updated and includes COVID-19 information, new fever guidelines, and new developmental milestones.

Paperback, 2022—286 pages  
CB0132  
Book ISBN 978-1-61002-620-8  
eBook ISBN 978-1-61002-623-9  
Price: \$16.95 **Member Price: \$13.95**



## Return to You

A Postpartum Plan for New Moms

Natasha K. Sriraman, MD, MPH, FAAP

As they learn to care for their newborns, many new mothers often face physical challenges with breastfeeding, sleep, and nutrition and struggle with feelings of isolation, sadness, and guilt. Dr. Sriraman shares practical professional advice along with her own personal experiences and those of other mothers to help fourth-trimester moms know they are not alone. From pelvic floor issues to postpartum depression, no topic is taboo. *Return to You* will help new moms restore themselves physically and encourage them to ask for help and give themselves the time they need to rest, recover, and heal emotionally.

Paperback, 2022—196 pages  
CB0129  
Book ISBN 978-1-61002-594-2  
eBook ISBN 978-1-61002-597-3  
Price: \$16.95 **Member Price: \$13.95**



## The CALM Baby Method

Solutions for Fussy Days and Sleepless Nights

Patti Ideran, OTR/L, CEIM, and Mark Fishbein, MD, FAAP

Whether their babies are colicky, fussy, or just sometimes cranky, all parents of newborns can benefit from the proven techniques in *The CALM Baby Method*. With decades of expertise as a pediatric occupational therapist and a pediatric gastroenterologist, the coauthors have helped thousands of parents soothe their high-needs infants, improving attachment, sleep, feeding, and overall quality of life for the whole family. Parents will learn possible causes of their baby's crying and ways to help, including information on reading their baby's cues, attachment, infant massage, positioning, and nutrition.

Paperback, 2021—207 pages  
CB0123  
Book ISBN 978-1-61002-482-2  
eBook ISBN 978-1-61002-485-3  
Price: \$16.95 **Member Price: \$13.95**



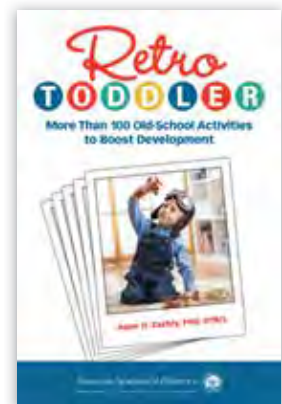
## Retro Baby

Timeless Activities to Boost Development—Without All the Gear! 2nd Edition

Anne H. Zachry, PhD, OTR/L

In this fully revised and updated edition, parents will learn how to boost development and bonding by reducing dependence on bouncers, swings, and other baby holders, as well as electronic toys and screen time.

Paperback, 2022—204 pages  
CB0125  
Book ISBN 978-1-61002-510-2  
eBook ISBN 978-1-61002-513-3  
Price: \$16.95 **Member Price: \$13.95**



## Retro Toddler

More Than 100 Old-School Activities to Boost Development

Anne H. Zachry, PhD, OTR/L

Parents will learn about brain development and the importance of daily active play. Dr. Zachry offers more than 100 activities to promote language, motor, and social skills.

Paperback, 2018—219 pages  
CB0104  
Book ISBN 978-1-61002-157-9  
eBook ISBN 978-1-61002-158-6  
Price: \$16.95 **Member Price: \$13.95**

## Lighthouse Parenting

Raising Your Child With Loving Guidance for a Lifelong Bond

Kenneth R. Ginsburg, MD, MSEd, FAAP

Dr Ken Ginsburg, a leading adolescent health expert, offers a parenting action plan that lays the foundation for the kind of relationship in which parents will be welcomed as a guide in childhood, throughout adolescence, and beyond. The near-term benefits of building the parent-child relationship through *Lighthouse Parenting* include

- Greater academic success
- Higher levels of emotional well-being
- Increased resilience
- Fewer behavioral risks
- Reduced emotional distress

But, in the long term, following the *Lighthouse Parenting* philosophy helps develop emotionally healthy children and adolescents who are more likely to go on to have deep, enduring relationships with their parents for their entire lifetime.

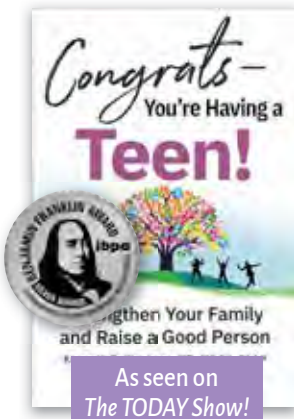
Paperback, February 2025—284 pages  
CBO136  
Book ISBN 978-1-61002-719-9  
eBook ISBN 978-1-61002-721-2  
Price: \$19.95 **Member Price: \$16.95**



**New!**

“Dr Ken Ginsburg’s advice for parents is like a hug, TED talk, and master class rolled into one.”

—Upworthy



## Congrats—You’re Having a Teen!

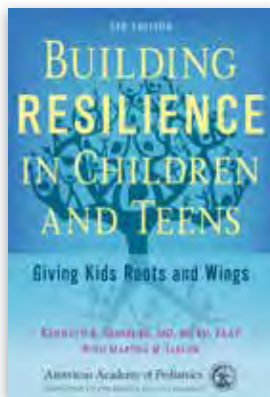
Strengthen Your Family and Raise a Good Person

Kenneth R. Ginsburg, MD, MSEd, FAAP

Dads and moms of adolescents are often warned about parenting teenagers by other well-meaning adults. But pediatrician Dr Ginsburg is out to prove that these years are parents’ best opportunity to effectively guide their children toward adulthood and should be celebrated! He shows how to help teens build confidence in their ability to handle the world on their own, while laying the groundwork for a stronger relationship for life. Parents will learn to understand their child’s developmental needs and meet them, rather than find themselves in conflict. Moms and dads will also learn ways to support a teen’s growth, and even their healthy experimentation, while assuring their safety and moral development. With Dr Ginsburg’s effective

and mutually respectful communication strategies, parents and teens will emerge with stronger connections and a healthier family.

Paperback, 2022—336 pages  
CBO130  
Book ISBN 978-1-61002-598-0  
eBook ISBN 978-1-61002-601-7  
Price: \$16.95 **Member Price: \$13.95**



## Building Resilience in Children and Teens

Giving Kids Roots and Wings, 4th Edition

Kenneth R. Ginsburg, MD, MSEd, FAAP, with Martha M. Jablo

Parents, teachers, and others will learn how to boost confidence and foster lifelong grit in children. This fully revised and updated edition includes new information about how strength-based relationships are critical to healthy development, especially for children who have had adverse childhood events or experiences. Dr Ginsburg outlines his 7 Crucial Cs—competence, confidence, connection, character, contribution, coping, and control—and teaches moms and dads how to incorporate these concepts into their parenting. *Building Resilience in Children and Teens* also presents strategies to help children and teenagers thrive in coping with the stresses of academic pressure,

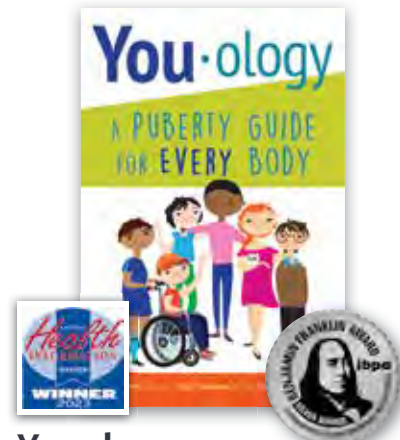
high achievement standards, media messages, peer pressure, or family tension.

Paperback, 2020—393 pages  
CBO118  
Book ISBN 978-1-61002-385-6  
eBook ISBN 978-1-61002-386-3  
Price: \$16.95 **Member Price: \$13.95**

Also available from Dr Ginsburg

## Reaching Teens

Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition  
MA0970



## You-ology

A Puberty Guide for Every Body

Melisa Holmes, MD, FACOG; Trish Hutchison, MD, FAAP; and Kathryn Lowe, MD, FAAP

What if learning about changing bodies could be inclusive, fun, and, well, kind of adorable? A new kind of puberty guide, *You-ology* embraces an inclusive approach that normalizes puberty for all kids. Traditional puberty education only contributes to a sense of isolation and often does not include all kids’ experience of puberty and leaves kids with questions about how puberty will affect their friends and classmates. For curious kids and parents looking to talk about puberty in an inclusive way, *You-ology* offers fact-based, age-appropriate, and body-positive information about the physical, social, and emotional changes ahead for all kids. Colorful illustrations keep the tone upbeat and engaging, while short stories featuring a cast of diverse characters add relatability and humor.

Paperback, 2022—166 pages  
CBO127  
Book ISBN 978-1-61002-569-0  
eBook ISBN 978-1-61002-572-0  
Price: \$12.95 **Member Price: \$9.95**





## Autism Spectrum Disorder

What Every Parent Needs to Know, 2nd Edition

American Academy of Pediatrics

Editors: Alan I. Rosenblatt, MD, FAAP, and Paul S. Carbone, MD, FAAP

This guide offers authoritative, accessible advice about autism that parents can trust. It will help them understand how ASD is defined and diagnosed and the most current behavioral and developmental therapies. Topics covered include symptoms and frequency, accessing care, services in the community, behavioral and developmental treatment, and more.

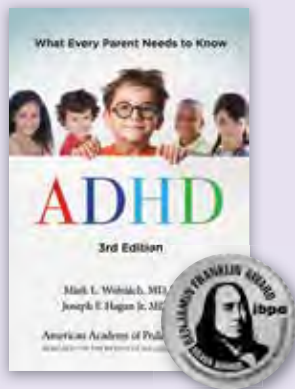
Paperback, 2019—342 pages

CB0111

Book ISBN 978-1-61002-269-9

eBook ISBN 978-1-61002-270-5

Price: \$16.95 **Member Price: \$13.95**



## ADHD

What Every Parent Needs to Know, 3rd Edition

American Academy of Pediatrics

Editors: Mark L. Wolraich, MD, FAAP, and Joseph F. Hagan Jr, MD, FAAP

Parents will find the latest recommendations for the treatment and care of children with ADHD in this award-winning guide. It offers parents balanced, reassuring information on topics such as evaluation and diagnosis, coexisting conditions, behavior therapy, ADHD and academics, the role of medication, and more.

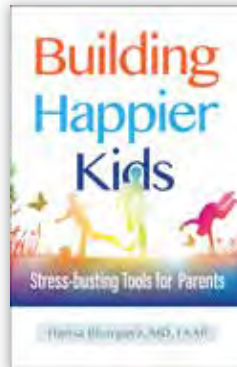
Paperback, 2019—342 pages

CB0110

Book ISBN 978-1-61002-264-4

eBook ISBN 978-1-61002-265-1

Price: \$16.95 **Member Price: \$13.95**



## Building Happier Kids

Stress-busting Tools for Parents

Hansa Bhargava, MD, FAAP

Dr Bhargava helps parents understand the impact of stress and shares concrete steps parents can take to reduce the pressure on their children and teens and to increase their health and happiness. She prescribes taking a step back from today's nonstop pace and focusing on the basics of healthy eating, quality sleep, and unscheduled free time to help prioritize health and restore the happiness of childhood.

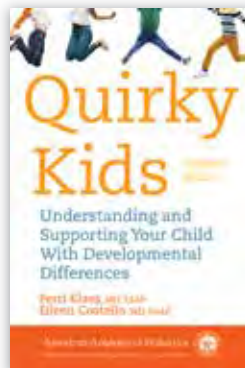
Paperback, 2022—252 pages

CB0128

Book ISBN 978-1-61002-573-7

eBook ISBN 978-1-61002-576-8

Price: \$16.95 **Member Price: \$13.95**



## Quirky Kids

Understanding and Supporting Your Child With Developmental Differences, 2nd Edition

Perri Klass, MD, FAAP, and Eileen Costello, MD, FAAP

Parents of children with developmental differences will discover how to support and advocate for their children and their needs. Whether their child has ADHD, autism, another diagnosis, or no diagnosis at all, parents will find reassuring guidance.

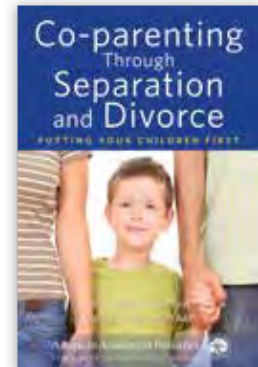
Paperback, 2021—339 pages

CB0119

Book ISBN 978-1-61002-419-8

eBook ISBN 978-1-61002-420-4

Price: \$16.95 **Member Price: \$13.95**



## Co-parenting Through Separation and Divorce

Putting Your Children First

Jann Blackstone, PsyD, and David L. Hill, MD, FAAP

This guide helps parents work together to put their children first during separation or divorce. Drs Blackstone and Hill offer a road map through one of life's most difficult challenges.

Paperback, 2020—260 pages

CB0117

Book ISBN 978-1-61002-380-1

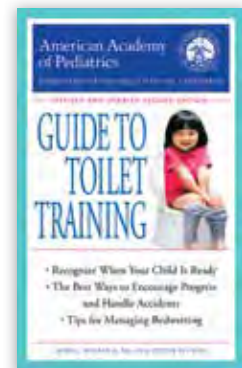
eBook ISBN 978-1-61002-381-8

Price: \$16.95 **Member Price: \$13.95**

Also available from Dr Hill

## Dad to Dad: Parenting Like a Pro

CB0069



## Guide to Toilet Training, 2nd Edition

American Academy of Pediatrics

Editor in chief: Mark L. Wolraich, MD, FAAP

Parents will be reassured by the expert advice offered in this updated edition. It covers timing and how to choose a potty as well as toilet training children with special needs. It also addresses challenges like accidents, resistance, refusal, and constipation.

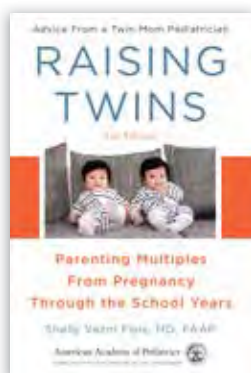
Paperback, 2016—224 pages

CB0099

ISBN 978-1-61002-062-6

Price: \$16 **Member Price: \$13**





## Raising Twins

Parenting Multiples From Pregnancy Through the School Years, 3rd Edition

Shelly Vaziri Flais, MD, FAAP

Pediatrician and twin-mom, Dr Flais, offers expert advice for raising healthy, well-adjusted twins and triplets. Her guidance will help parents of multiples prepare for their babies' arrival, weather the first few months of infancy, manage toddlerhood, and help establish individual identities through the school-age and teenage years.

Paperback, 2019—281 pages  
CBO113  
Book ISBN 978-1-61002-333-7  
eBook ISBN 978-1-61002-334-4  
Price: \$16.95 **Member Price: \$13.95**



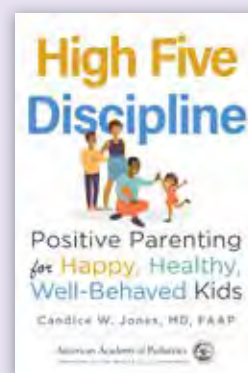
## The Working Mom Blueprint

Winning at Parenting Without Losing Yourself

Whitney Casares, MD, MPH, FAAP

In *The Working Mom Blueprint*, Dr Casares combines honest insights about her own working mom challenges with professional expertise about children of working moms—they thrive!—to create a reassuring guide for navigating modern motherhood. Dr Casares offers a practical plan that covers setting priorities, cultivating self-care, finding child care, establishing an equal parenting partnership, delegating whenever appropriate, and more.

Paperback, 2021—240 pages  
CBO124  
Book ISBN 978-1-61002-486-0  
eBook ISBN 978-1-61002-489-1  
Price: \$16.95 **Member Price: \$13.95**



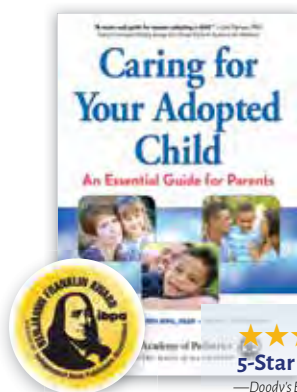
## High Five Discipline

Positive Parenting for Happy, Healthy, Well-Behaved Kids

Candice W. Jones, MD, FAAP

In *High Five Discipline*, mom and practicing pediatrician Dr Jones helps parents escape generational traps and embrace positive parenting. Her advice is packed with developmentally appropriate strategies to tame tantrums, stop sibling squabbles, and encourage better behavior, to create a calmer, more harmonious home.

Paperback, 2021—196 pages  
CBO126  
Book ISBN 978-1-61002-517-1  
eBook ISBN 978-1-61002-520-1  
Price: \$16.95 **Member Price: \$13.95**



## Caring for Your Adopted Child

An Essential Guide for Parents

Elaine E. Schulte, MD, MPH, FAAP, and Robin L. Michaelson

This expert resource will help adoptive parents understand health issues more prevalent in adopted children and support emotional health and attachment.

Paperback, 2018—212 pages  
CBO108  
Book ISBN 978-1-61002-215-6  
eBook ISBN 978-1-61002-216-3  
Price: \$16.95 **Member Price: \$13.95**



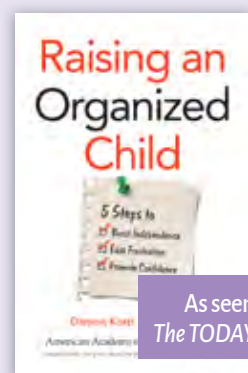
## The New Baby Blueprint

Caring for You and Your Little One

Whitney Casares, MD, MPH, FAAP

New mothers will find a modern, empathetic guide to the first few days, weeks, and months with a new baby. Dr Casares combines health and safety information with honest insights from her own parenting experiences. A dual approach to baby and self-care supports new moms through the challenges of meeting their own needs while caring for a new baby.

Paperback, 2020—164 pages  
CBO116  
Book ISBN 978-1-61002-375-7  
eBook ISBN 978-1-61002-376-4  
Price: \$14.95 **Member Price: \$11.95**



## Raising an Organized Child

5 Steps to Boost Independence, Ease Frustration, and Promote Confidence

Damon Korb, MD, FAAP

Frustrated parents who are tired of chaos will find concrete, actionable guidance for raising an independent, self-assured, and organized child. Dr Korb defines the neurodevelopmental abilities that are critical for organization and shows parents how to develop their children's organized thinking skills.

Paperback, 2019—236 pages  
CBO112  
Book ISBN 978-1-61002-282-8  
eBook ISBN 978-1-61002-283-5  
Price: \$16.95 **Member Price: \$13.95**



## My Child Is Sick!

Expert Advice for Managing Common Illnesses and Injuries, 3rd Edition

Barton D. Schmitt, MD, FAAP

Prevent unnecessary calls to your office when you share *My Child Is Sick!* with parents. Dr Schmitt covers the most common childhood illnesses and injuries with guidance based on the same criteria used by pediatric call centers to determine whether a child is best treated at home, the pediatrician's office, or the emergency department.

Paperback, 2022—379 pages  
CB0131  
Book ISBN 978-1-61002-616-1  
eBook ISBN 978-1-61002-619-2  
Price: \$18.95 **Member Price: \$15.95**



Foreword by  
Mona Hanna-Attisha,  
MD, MPH, FAAP

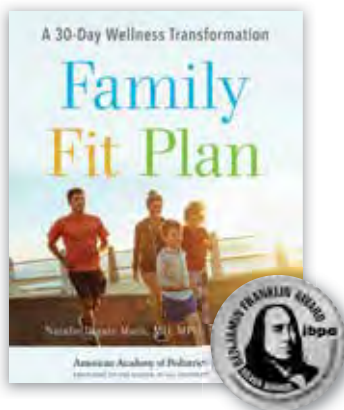
## Protecting Your Child's Health

Expert Answers to Urgent Environmental Questions

American Academy of Pediatrics  
Editor in chief: Ruth A. Etzel, MD, PhD, FAAP  
Associate editor: Sophie J. Balk, MD, FAAP

This accessible Q&A guide provides essential information to help parents protect their children from toxins where they live, learn, and play, including information on food and water safety, air pollution, sun protection, lead, radiation, and pesticides. Broader issues such as climate change are also addressed.

Paperback, 2020—241 pages  
CB0121  
Book ISBN 978-1-61002-437-2  
eBook ISBN 978-1-61002-438-9  
Price: \$16.95 **Member Price: \$13.95**



## Family Fit Plan

A 30-Day Wellness Transformation

Natalie Digate Muth, MD, MPH, RDN, FAAP

This pediatrician-designed plan will help families kick-start their health and wellness and set the stage for long-term, lasting improvements in nutrition, fitness, sleep, stress, and screen use habits. Dr Muth walks families through a 30-day transformation that establishes a baseline and goals, creates routines and healthy habits, and provides strategies for overcoming frustration and recognizing obstacles.

Paperback, 2019—220 pages  
CB0114  
Book ISBN 978-1-61002-338-2  
eBook ISBN 978-1-61002-339-9  
Price: \$16.95 **Member Price: \$13.95**



As seen in *The New York Times*

## The Picky Eater Project

6 Weeks to Happier, Healthier Family Mealtimes

Natalie Digate Muth, MD, MPH, RDN, FAAP, and Sally Sampson, Founder, ChopChop Kids

Families can transform picky eaters into fledgling foodies with *The Picky Eater Project*. It lays out an easy-to-follow 6-week plan that makes shopping and cooking fun.

More than 40 healthy, family-friendly recipes and brilliant color photographs will inspire kids to try healthy meals and snacks.

Paperback, 2016—227 pages  
CB0096  
Book ISBN 978-1-58110-981-8  
eBook ISBN 978-1-58110-982-5  
Price: \$19.95 **Member Price: \$15.95**

## Discover AAP bestsellers available in Spanish!



## El primer año de su bebé, 2a edición

Your Baby's First Year, 2nd Edition

Paperback, 2017—785 pages  
CB0101  
Book ISBN 978-1-61002-080-0  
eBook ISBN 978-1-61002-081-7  
Price: \$9.99 **Member Price: \$7.99**



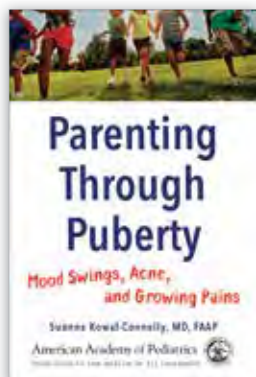
## El cuidado de su bebé y niño pequeño, desde el nacimiento hasta los cinco años, 3a edición

Caring for Your Baby and Young Child: Birth to Age 5, 3rd Edition

Paperback, 2016—917 pages, 300 illustrations  
CB0100  
Book ISBN 978-1-61002-078-7  
eBook ISBN 978-1-61002-079-4  
Price: \$24.99 **Member Price: \$19.99**

This project was funded in part by the AAP Friends of Children Fund.





## Parenting Through Puberty

### Mood Swings, Acne, and Growing Pains

Suanne Kowal-Connelly, MD, FAAP

Parents will learn about the physical and emotional changes they can expect to see. This book also includes ways to encourage adolescents to embrace a healthy, active lifestyle with tips on exercise and nutrition.

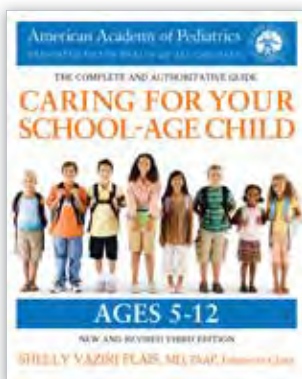
Paperback, 2018—246 pages

CB0107

Book ISBN 978-1-61002-212-5

eBook ISBN 978-1-61002-213-2

Price: \$16.95 **Member Price: \$13.95**



## Caring for Your School-Age Child

Ages 5–12, 3rd Edition

American Academy of Pediatrics

Editor in chief: Shelly Vaziri Flais, MD, FAAP

Parents of children aged 5 to 12 will find updated information on medical care, mental health, and behavioral conditions, along with an enhanced focus on resilience and life skills.

Paperback, 2018—677 pages

CB0109

Book ISBN 978-1-61002-255-2

eBook ISBN 978-1-61002-256-9

Price: \$23 **Member Price: \$18**

## Nurturing Boys to Be Better Men

Gender Equality Starts at Home

Shelly Vaziri Flais, MD, FAAP

Dr Flais gives parents the tools they need to start the lifelong process of raising their boys into men who are mentally healthy, empathetic, and committed to gender equality. Dr Flais provides concrete techniques for parents to push back against cultural stereotypes and toxic masculinity as they nurture their sons. She explains developmentally appropriate opportunities for modeling gender equality at every age from before birth through early adulthood. This conversation starter emphasizes the benefits of gender equality for boys and girls, as well as men and women, and discusses it in the context of not only the family but also the extended family, school, and greater community.

Paperback, 2023—216 pages

CB0134

Book ISBN 978-1-61002-677-2

eBook ISBN 978-1-61002-679-6

Price: \$18.95 **Member Price: \$15.95**



healthychildren.org

Powered by pediatricians. Trusted by parents.  
from the American Academy of Pediatrics

**The official AAP website for parents**

**"HealthyChildren.org is a game changer.  
Thank you for all that you are doing to give parents  
the BEST information available on the web."**

—Zaharoula A. Viennas, MD, FAAP  
Children's Hospital of the King's Daughters; Norfolk, Virginia



## Toddler Care

A Guide for Parents and Caregivers

Parents of children aged 1 to 3 years will learn important information about the development, care, and safety of their toddlers. The booklet covers creating positive experiences for toddlers, the timing of common milestones, answers to frequently asked questions, and critical safety guidance as babies become mobile and curious toddlers!

Sold in packs of 10 booklets—21 pages  
HE0594  
Price: \$40 **Member Price: \$35**



## Newborn Care

A Guide for Parents and Caregivers

This booklet offers parents essential guidance for the first 3 months of their baby's life. Parents will appreciate the just-the-basics clarity combined with the confidence of knowing they are following pediatrician-approved AAP guidelines in caring for their new baby.

Sold in packs of 10 booklets—31 pages  
HE0542  
Price: \$40 **Member Price: \$35**



## The Secret of Sleep

Birth to 6 Months

Parents will learn about normal sleep patterns, the importance of sleep, sleep routines, and sleep training in this booklet. It offers reassuring advice and safe techniques to ensure their infant and the whole family get the sleep they need. Excerpted from *The CALM Baby Method*. See page 6 for details about the book.

Sold in packs of 10 booklets—21 pages  
HE0590  
Price: \$40 **Member Price: \$35**



## Your Child's Poop

What's Normal, What's Not

This full-color booklet will help parents determine if their newborn, infant, or child's bowel movements are normal and if concerns warrant a call to the pediatrician. It covers topics such as identifying abnormal stools, constipation, diarrhea, and when to call the pediatrician.

Sold in packs of 10 booklets—21 pages  
HE0557  
Price: \$40 **Member Price: \$35**



**BEST SELLER!**

## Understanding Autism Spectrum Disorder (ASD)

This booklet, written with parents in mind, provides an essential overview of ASD. The topics covered include defining ASD, early signs and diagnosis, associated conditions, treatment strategies, and more.

Sold in packs of 10 booklets—25 pages  
English HE0413 · Spanish HE0526  
Price: \$40 **Member Price: \$35**



## Postpartum Depression and Anxiety

Caring for Yourself

New parents will learn about the postpartum spectrum of psychiatric syndromes including postpartum blues, psychosis, and depression in this booklet. They will find information about screening and getting help.

Sold in packs of 10 booklets—21 pages  
HE0591  
Price: \$40 **Member Price: \$35**



## Childhood Asthma

Parents will learn about their child's condition and how to manage it with an overview of treatments and medications as well as tips on avoiding triggers and dealing with acute attacks.

Sold in packs of 10 booklets—21 pages  
HE0548  
Price: \$40 **Member Price: \$35**



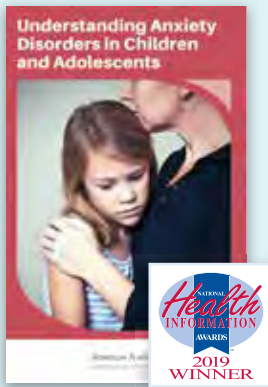
## Choosing Quality Child Care

What's Best for Your Family?

This booklet covers choosing the right type of child care, reviewing the family budget, and helping children adjust.

Sold in packs of 10 booklets—21 pages  
HE0556  
Price: \$40 **Member Price: \$35**





## Understanding Anxiety Disorders in Children and Adolescents

This booklet helps parents learn about anxiety disorders.

It addresses the difference between anxiety and an anxiety disorder, causes of anxiety disorders, signs and symptoms, diagnoses and treatment, and more.

Sold in packs of 10 booklets—21 pages  
HE0550  
Price: \$40 **Member Price: \$35**



## Understanding Depression in Children and Adolescents

Parents will learn the difference between sadness and depression in this booklet. They will also learn about causes, prevention, treatment, and signs of suicide risk.

Sold in packs of 10 booklets—21 pages  
HE0582  
Price: \$40 **Member Price: \$35**



## Healthy Ways to Manage Stress and Live Well

This booklet will help parents learn about stress and ways to manage it in their families. It includes information on yoga, meditation, deep breathing, mindfulness, and more. Also discussed are tips for healthy living with helpful reminders on how to eat well, sleep well, and be more active.

Sold in packs of 10 booklets—21 pages  
HE0584  
Price: \$40 **Member Price: \$35**



## Positive Parenting Strategies to Help Children and Teens Thrive

This new booklet will help parents understand the importance of creating a safe, stable, nurturing environment. It offers an overview of evidence-based parenting approaches, examples, and parenting tips. Topics covered include building connections, listening, routines, self-regulation, and more!

Sold in packs of 10 booklets—21 pages  
HE0593  
Price: \$40 **Member Price: \$35**

**Save an  
extra 20%**  
with  
promo code  
**GROW!**

## BUY MORE & SAVE!

PATIENT EDUCATION  
BOOKLETS

**SAVE 10%** when you  
purchase 2–9 packs!

**SAVE 20%** when you  
purchase 10+ packs!

(For quantities of 50+ call for pricing:  
800-433-9016, ext 6171.)



## Serving Up Good Nutrition

Sample Menus, Portion Sizes, and Why It Matters

This booklet educates parents and other caregivers on nutrition guidelines and appropriate portion sizes for toddlers, children, and teens. It includes sample menus for creating well-balanced, child-friendly meals.

Sold in packs of 10 booklets—21 pages  
HE0565  
Price: \$40 **Member Price: \$35**



## Energy Balance

What Parents Need to Know

This booklet introduces the concept of energy balance to parents in easy-to-understand language. Parents will learn about the number of calories and amount of food their child needs, the importance of exercise and movement, and how to read a nutrition label, among other topics.

Sold in packs of 10 booklets—21 pages  
HE0586  
Price: \$40 **Member Price: \$35**



## Feeding Babies and Toddlers

Nutrients Your Child Needs

With this booklet, parents will learn about the macronutrients and micronutrients their babies and toddlers need to grow up healthy and why nutrient-dense foods are especially important during this time of rapid growth.

Sold in packs of 10 booklets—21 pages  
HE0592  
Price: \$40 **Member Price: \$35**

**BEST SELLER!****Breastfeeding Your Baby**

Answers to Common Questions

This comprehensive guide provides clear, practical information on the benefits and methods of breastfeeding.

Sold in packs of 50 booklets—27 pages  
HE0261  
Price: \$49.95 **Member Price: \$44.95**

**BEST SELLER!****Understanding ADHD**

Information for Parents About Attention-Deficit/Hyperactivity Disorder

This best-selling booklet addresses parents' concerns about ADHD and provides up-to-date, accurate information.

Sold in packs of 50 booklets—21 pages  
HE0169 English · HE0377 Spanish  
Price: \$49.95 **Member Price: \$44.95**

**BUY MORE & SAVE!****PATIENT EDUCATION BOOKLETS****SAVE 10%** when you purchase 2–9 packs of 50.Price: \$49.95 **\$44.96** **Member Price: \$44.95 \$40.46****SAVE 20%** when you purchase 10+ packs of 50.Price: \$49.95 **\$39.96** **Member Price: \$44.95 \$35.96**

Call 800-433-9016, ext 6171, for pricing 50+ packs.

(Pricing for Breastfeeding Your Baby and Understanding ADHD only.)

**Caring for Your Sick Child**

Managing Common Infections at Home

Barton D. Schmitt, MD, FAAP

Written at a sixth-grade reading level, this indispensable guide will help reduce the number of unnecessary calls and visits to your office by arming parents with essential information.

Sold in packs of 10 handbooks—28 pages  
8½" x 11" handbook  
HE0539  
Price: \$49.95 **Member Price: \$44.95**

**BUY MORE & SAVE!****SAVE 10%** when you purchase 2–9 packs.Price: \$49.95 **\$44.96** **Member Price: \$44.95 \$40.46****SAVE 20%** when you purchase 10+ packs.Price: \$49.95 **\$39.96** **Member Price: \$44.95 \$35.96**

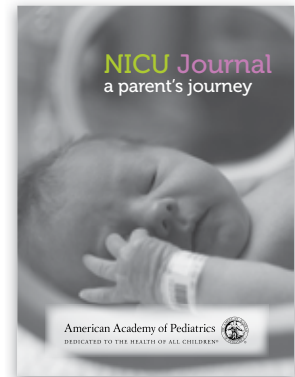
(For quantities of 50+ call for pricing: 800-433-9016, ext 6171.)

**Infant CPR Anytime® Training Kit**

Anyone caring for an infant can learn the lifesaving basics of infant CPR and choking relief with this updated kit. It includes bilingual (English and Spanish) instructions, materials, DVD and streaming videos; an inflatable Mini Baby® CPR manikin that clicks when pushed to the proper depth; a CPR skills practice streaming video that can be used to refresh skills and train others; a skills reminder card to carry and review as needed; and a replacement lung for those interested in sharing the kit.

Published by the American  
Heart Association and Laerdal

English & Spanish kit with DVD, 2024  
MA1149  
ISBN 978-1-68472-079-8  
Price: \$45

**NICU Journal**

A Parent's Journey

Parents of babies in the NICU will become more informed partners in care with this spiral-bound journal. The journal includes answers to common questions about the NICU, offers tips on coping, and provides helpful checklists. The interactive journal format will help parents stay organized while in the NICU and will become a cherished keepsake.

Sold in packs of 5 journals—130 pages  
HE0543  
ISBN 978-1-61002-129-6  
Price: \$69.95 **Member Price: \$64.95**





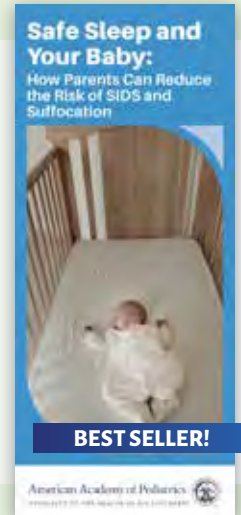
HE50476



HE50027



HE50175



HE50515

This brochure explains the importance of putting babies to sleep on their backs and how to create a safe sleep environment to help reduce the risk of SIDS, entrapment, strangulation, and suffocation.



HE50472



HE50051



HE50347



HE50182



HE50558



HE50574



HE50345



HE50566

**Save an  
extra 20%**  
with  
promo code  
**GROW!**

**Need a digital solution?**

AAP patient education materials are also available online!

(See page 23 for details.)



HE50275

Our top-selling brochure helps parents make informed decisions about car seat selection and use. It includes information on the types of safety seats, the LATCH attachment system, installation tips, and more.



HE50528



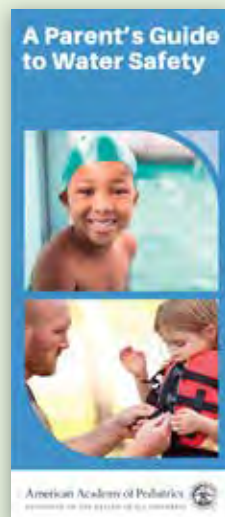
HE50419



HE50181



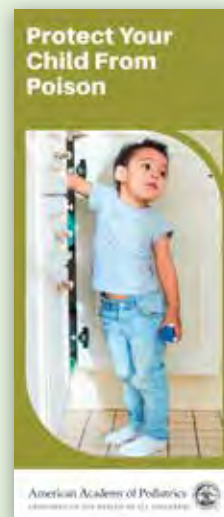
HE50552



HE50198



HE50568



HE50237



HE50555



HE50235



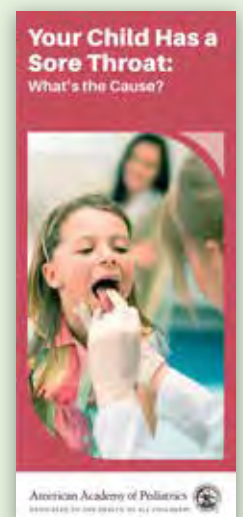
HE50408



HE50371



HE50549



HE50544





HE50324



HE50097



HE50095



HE50234

This brochure provides important information on how and when to introduce solid foods to infants.



HE50094



HE50057



HE50202



HE50258



HE50085

## BUY MORE & SAVE!

### PATIENT EDUCATION BROCHURES

Price: \$30 **Member Price: \$27**  
(All titles sold in packs of 50 brochures.)

**SAVE 10%**  
when you purchase 2–9  
assorted brochure packs of 50!  
Price: \$30 **Member Price: \$27 \$24.30**

**SAVE 20%**  
when you purchase 10+  
assorted brochure packs of 50!  
Price: \$30 **Member Price: \$24 \$21.60**

(For quantities of 50+ call for pricing:  
800-433-9016, ext 6171.)



HE50380



HE50071



HE50233



HE50074



HE50585

Suicide is the second leading cause of death in young people aged 10 to 24. This brochure will help parents protect their children by making them aware of risk factors and warning signs.

**Save an extra 20%**  
with  
promo code  
**GROW!**



HE50529



HE50055

**BEST SELLER!**

HE50208

## BUY MORE & SAVE!

### PATIENT EDUCATION BROCHURES

Price: \$30 **Member Price: \$27** (All titles sold in packs of 50 brochures.)

#### **SAVE 10%**

when you purchase 2–9 assorted brochure packs of 50!

Price: \$30 **\$27** **Member Price: \$27 \$24.30**

#### **SAVE 20%**

when you purchase 10+ assorted brochure packs of 50!

Price: \$30 **\$24** **Member Price: \$27 \$21.60**

(For quantities of 50+ call for pricing: 800-433-9016, ext 6171.)



HE50165



HE50561



HE50575

## Get OUR KidsDoc Symptom Checker on YOUR website.

Our popular KidsDoc Symptom Checker is available to license via an iFrame on your website! The tool's content is regularly updated so there's no work for you. The tool is mobile-friendly and can be easily customized by your web designer to coordinate with the look and feel of your site.

**Also available in Spanish!**



**healthychildren.org**

Powered by pediatricians. Trusted by parents.  
from the American Academy of Pediatrics

For more information, visit [HealthyChildren.org/kidsdoc](http://HealthyChildren.org/kidsdoc).



HE50176





This program helps parents prevent common childhood injuries from birth through age 10 years. Handouts cover topics such as car safety seats, fire prevention, first aid, poison prevention, and water safety.

## Safety Sheets

In-depth, age-specific information on common injuries in simple, easy-to-understand terms

Sold in packs of 100  
8½" x 11" sheets  
Price: \$24.95 **Member Price: \$19.95**

**SAVE up to \$39!**

### TIPP Safety Sheet Package

Includes 100 copies each of all 8 safety sheets

HE0541  
Price: \$159.95 **Member Price: \$129.95**

#### Birth to 6 Months

HE0021-A

#### 6 to 12 Months

HE0021-B

#### 1 to 2 Years

HE0021-C

#### 2 to 4 Years

HE0021-D

#### 5 Years

HE0064-A

#### 6 Years

HE0064-B

#### 8 Years

HE0064-C

#### 10 Years

HE0064-D



(Front Side)

(Back Side)

## 3-in-1 First Aid, Choking, CPR Chart

Every facility or home with infants or children should have this helpful chart. This quick guide helps you respond rapidly and effectively in emergencies. The large wall chart includes first aid guidance on one side and choking and CPR guidance on the other. Topics include burns, scalds, fractures, sprains, head injuries, poisons, skin wounds, stings and bites, and infant and child CPR.

Sold in packs of 100 charts—11" x 17"  
HE0540  
Price: \$55 **Member Price: \$49**



## Car Safety Seat Checklist

An easy-to-use checklist for infant, convertible, or booster car safety seat users.

Sold in pads of 100 sheets—8½" x 11"  
HE0276  
Price: \$24.95 **Member Price: \$19.95**

## Home Safety Checklist

This list helps parents identify potential safety risks inside and outdoors.

Sold in pads of 100 sheets—8½" x 11"  
HE0273  
Price: \$24.95 **Member Price: \$19.95**



### BUY MORE & SAVE!

PATIENT EDUCATION FACT SHEETS

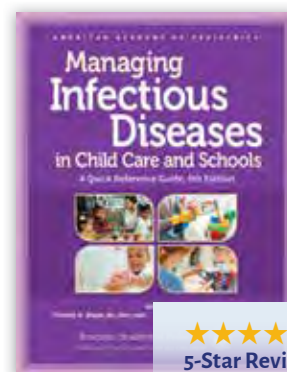
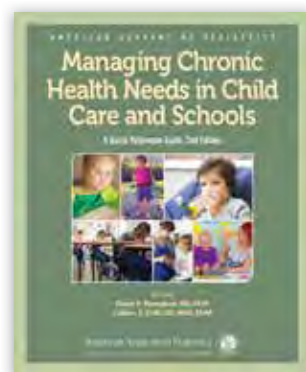
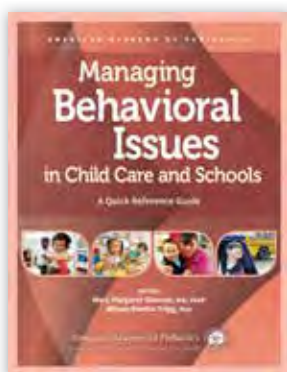
**SAVE 10%** when you purchase 2–9 assorted pads of 100.

Price: \$24.95 **\$22.46** **Member Price: \$19.95 \$17.96**

**SAVE 20%** when you purchase 10–49 assorted pads of 100.

Price: \$24.95 **\$19.96** **Member Price: \$19.95 \$15.96**

Call 800-433-9016, ext 6171, for pricing 50+ pads.



★★★★★  
5-Star Review  
—Doody's Book Reviews™

## Managing Behavioral Issues in Child Care and Schools

A Quick Reference Guide

Editors: Mary Margaret Gleason, MD, FAAP, and Allison Boothe Trigg, PhD

This guide provides essential information and strategies on managing emotional and behavioral issues in group care settings. Topics include social-emotional development, biting, posttraumatic stress disorder, and common behavioral issues. This practical tool also includes 25 Quick Reference Sheets on the most common issues, ready-to-use forms, sample cases of difficult situations, and sample screening tools.

Spiral-bound, 2020—247 pages  
MA0950  
Book ISBN 978-1-61002-370-2  
eBook ISBN 978-1-61002-371-9  
Price: \$62.95 **Member Price: \$49.95**

## Managing Chronic Health Needs in Child Care and Schools

A Quick Reference Guide, 2nd Edition

Editors: Elaine A. Donoghue, MD, FAAP, and Colleen A. Kraft, MD, MBA, FAAP

This resource helps teachers and caregivers address the challenges of caring for children with chronic health conditions and special health care needs in child care and school settings. More than 50 Quick Reference Sheets provide school staff and caregivers with guidance on how to help at a glance.

Spiral-bound, 2018—281 pages  
MA0865  
Book ISBN 978-1-61002-175-3  
eBook ISBN 978-1-61002-176-0  
Price: \$62.95 **Member Price: \$49.95**

## Managing Infectious Diseases in Child Care and Schools

A Quick Reference Guide, 6th Edition

Editors: Timothy R. Shope, MD, MPH, FAAP, and Andrew N. Hashikawa, MD, MS, FAAP

This quick reference guide provides information about the prevention and management of infectious diseases in early childhood education settings, such as child care centers and schools.

This easy-to-use guide includes

- Content from *Red Book*® and *Caring for Our Children*
- Quick Reference Sheets on more than 55 common infectious diseases and symptoms
- Explanations on how infectious diseases spread
- Strategies for limiting the spread of infection
- When exclusion is or is not indicated
- New information on pandemic preparedness
- Sample letters and forms for parents

Spiral-bound, 2023—271 pages  
MA1080  
Book ISBN 978-1-61002-659-8  
eBook ISBN 978-1-61002-660-4  
Price: \$62.95 **Member Price: \$49.95**

**SAVE \$20 with this exclusive package!**

### The Essential Child Care Package

- *Managing Infectious Diseases in Child Care and Schools*, 6th Edition
- *Managing Behavioral Issues in Child Care and Schools*
- *Managing Chronic Health Needs in Child Care and Schools*, 2nd Edition

MA1100  
Price: ~~\$188.85~~ **\$168.85**  
**Member Price: \$149.85 \$129.85**



**New!**

**RED BOOK®**  
2024-2027  
Report of the Committee  
on Infectious Diseases  
33rd Edition

Buy in bulk and save!  
For details, email  
[nationalaccounts@aap.org](mailto:nationalaccounts@aap.org).

## Red Book®

2024–2027 Report of the Committee on Infectious Diseases, 33rd Edition

Editor: David W. Kimberlin, MD, FAAP

Associate editors: Ritu Banerjee, MD, PhD, FAAP; Elizabeth D. Barnett, MD, FAAP; Ruth Lynfield, MD, FAAP; and Mark H. Sawyer, MD, FAAP

For more than 85 years, health care professionals have “referred to the *Red Book*” for trustworthy guidance on pediatric infectious disease prevention, management, and control.

The 33rd edition provides the latest clinical guidance on the manifestations, etiology, epidemiology, diagnosis, and treatment of more than 200 childhood infectious diseases.

Find the latest information about vaccines, emerging novel diseases, diagnostic modalities, and treatment recommendations from the combined expertise of the CDC, the FDA, the NIH, and hundreds of physician contributors.

Paperback, May 2024—1,261 pages  
MA1140  
Book ISBN 978-1-61002-734-2  
eBook ISBN 978-1-61002-735-9  
Price: \$175 **Member Price: \$140**





Learn more at [publications.aap.org/first1000days](http://publications.aap.org/first1000days).



FOR INDIVIDUAL (SINGLE-USER)  
ITEM #: SUB1015

1-YEAR SUBSCRIPTION  
Price: \$150 **Member Price: \$120**

Essential information curated from the vast AAP catalog of resources, focused on the first 1,000 days of a child's life. Find key AAP policies, guidelines, and best practices collected from top AAP journals, books, and point-of-care resources condensed into bite-size age- and topic-specific content.

#### Access to the First 1,000 Days Knowledge Center includes

- ✓ Learn on your schedule with **expert-guided learning modules**, including new modules that cover chromosomal anomalies, early childhood development, and lead exposure.
- ✓ Engage with the authors and editors of key content during **Ask the editor live sessions** with access to the on-demand recordings.
- ✓ Access videos, checklists, step-through algorithms, and more clinical decision support tools in **NeoKit: Tools for Assessment and Care of the Newborn**.
- ✓ Participate in the interactive weekly **Question of the Week** delivered directly to your inbox and shareable on social media.
- ✓ Look for new interactive content on key topics that affect child health in those crucial first 1,000 days.



The First 1,000 Days Knowledge Center is supported by an educational grant from Mead Johnson Nutrition.

**New!**

Buy together and **SAVE \$100!**  
Digital Solutions Package **PCO** + **First 1,000 Days Knowledge Center**

ITEM# SUB1017 • 1-YEAR SUBSCRIPTION Price: ~~\$520~~ \$420 • **Member Price: \$415 \$315**



Learn more at [publications.aap.org/pediatriccare](http://publications.aap.org/pediatriccare).

A wealth of expert guidance addressing clinical issues faced by physicians who care for children—right at your fingertips. *Pediatric Care Online* (PCO) combines the latest relevant information distilled into **practical, action-oriented clinical solutions**.

#### Access to Pediatric Care Online includes

- ✓ Quickly access the latest information for current infectious disease outbreaks and the **NEW 33rd edition of Red Book®** in **Red Book Online**.
- ✓ **NEW! Quick Topic Review** videos provide an overview on a variety of Quick Reference topics. Currently available for Acute Bronchiolitis, Acute Otitis Media, Croup, Immune Thrombocytopenia, and Urinary Tract Infections, with more in development.
- ✓ **Timely webinars** keep you current and abreast of the latest information and content, including “The New AAP Clinical Practice Guideline on Acute Pain Management and Use of Opioids in Outpatient Settings” and “Sleeping for Success: Healthy Sleep Habits for Children and Adolescents”.
- ✓ Stay current with 250+ continually updated point-of-care **Quick Reference** topics for use during or between patient encounters.
- ✓ Provide actionable guidance for families with over **1,000 pediatric health care handouts** (including the Schmitt Pediatric Care Advice collection) in **Pediatric Patient Education**.
- ✓ Improve the health and well-being of all children with access to the national standards for well-child care in the **Bright Futures Toolkit**.
- ✓ Support your patients with the latest guidance, screening, and appropriate care in our **ADHD, Autism, and Mental Health toolkits**.



FOR INDIVIDUAL (SINGLE-USER) ITEM #: PCO

1 year: \$370 **Member Price: \$295**

2 year: \$629 **Member Price: \$502 SAVE 15%!**

LEARN MORE AT [AAP.ORG/SHOPAAP-SOLUTIONS-TOOLKITS](http://AAP.ORG/SHOPAAP-SOLUTIONS-TOOLKITS).

# Deliver the best in care, at the point of care—with these trusted tools.

## Caring for Children With ADHD

A Practical Resource Toolkit for Clinicians, 3rd Edition

The third edition includes

- Tools that focus on identification, assessment, and diagnosis, including the Vanderbilt Assessment Scales
- Monitoring and follow-up tools—including expanded resources to assist with medication management and treatment

Online access, 2019

MA0940

ISBN 978-1-61002-362-7

Single-User Price: \$150 **Member Price: \$120**

## Caring for Children With Autism Spectrum Disorder

A Practical Resource Toolkit for Clinicians, 3rd Edition

The third edition includes

- Practice-focused guidelines and recommendations
- Developmental screening and surveillance tools
- Detailed guidance on facilitating ASD office visits with tools to track key steps in care management

Online access, 2019

MA0941

ISBN 978-1-61002-363-4

Single-User Price: \$150 **Member Price: \$120**

## AAP BESTSELLER!

## Bright Futures Tool & Resource Kit, 2nd Edition

This toolkit includes

- Core forms and tools for well-child visits ages 0–21 years
  - Previsit Questionnaires (also available in Spanish)
  - Visit Documentation Forms
  - Parent/Patient Handouts (also available in Spanish)
- Additional content
  - Robust parent/patient education handouts selected specifically for each visit

Online access, 2018

BFO048

ISBN 978-1-61002-113-5

Single-User Price: \$375

## Addressing Mental Health Concerns in Pediatrics

A Practical Resource Toolkit for Clinicians, 2nd Edition

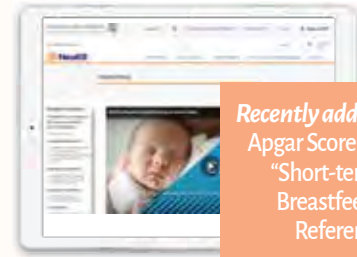
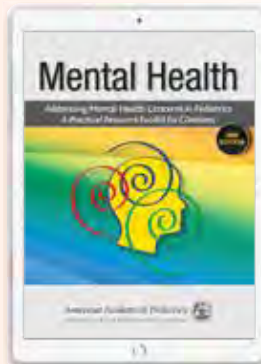
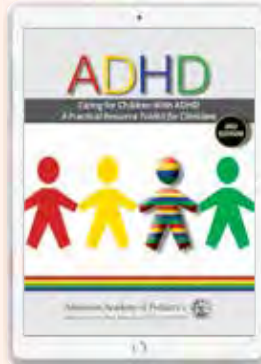
This toolkit is designed to empower pediatric care providers to ready their practice for delivering comprehensive mental health care. The second edition delivers a streamlined collection of essential tools most relevant to pediatric practice, all available online.

Online access, 2021

MA0999

ISBN 978-1-61002-462-4

Single-User Price: \$150 **Member Price: \$120**



**Recently added to NeoKit—**  
Apgar Score Calculator and  
“Short-term Maternal  
Breastfeeding Issues  
Reference Table”

## NeoKit: Tools for Assessment and Care of the Newborn

Enjoy interactive tools like clickable, easy-to-use algorithms; calculators; videos; and checklists in NeoKit! Designed with your ease of use in mind, these tools assist you in delivering the best in care and consist of the Prenatal Visit, Delivery Room, Hospital Stay, and beyond, with additional topic-specific tools including Breastfeeding, First Office Visit, Infectious Exposures, and more.

Learn more at [aap.org/neokit](http://aap.org/neokit).

Online access, 2023

MA1097

Single-User Price: \$175 **Member Price: \$140**

## Did you know?

You can access NeoKit in the First 1,000 Days Knowledge Center.

See page 21 for details.

## Provide your entire team with access to the BEST pediatric digital solutions!



Your entire team will appreciate having 24/7 access to our suite of digital tools. Talk to our sales team today about a practice or institutional site license.

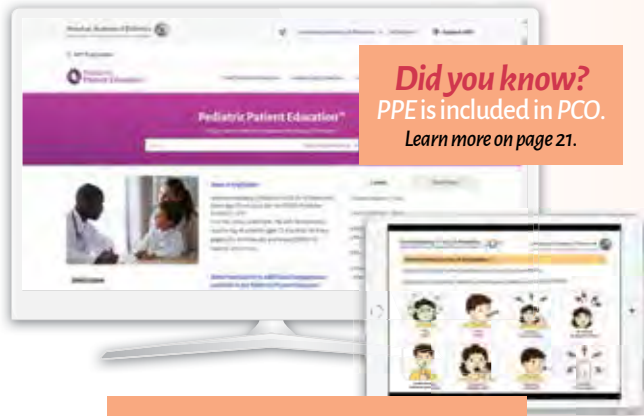
Visit [aap.org/en/forms/site-license](http://aap.org/en/forms/site-license) today to get a quote.

**Did you know?** You can access the Bright Futures, ADHD, Autism, and Mental Health toolkits, and so much more, with your *Pediatric Care Online™* subscription!

See page 21 for details.



# Pediatric Patient Education™



PPE Smart on FHIR App for Epic. Access the full library right from your EHR record. Email [institutions@aap.org](mailto:institutions@aap.org) for more information.

**SUBSCRIBE TODAY! [aap.org/shopaap-solutions-toolkits](http://aap.org/shopaap-solutions-toolkits)**  
**FOR INDIVIDUAL (SINGLE-USER) ITEM #: ONPE**  
 Annual Subscription Price: \$345 **Member Price: \$275**

## Instant access to trusted patient education

*Pediatric Patient Education* includes **more than 1,000 pediatric health care handouts** (including 300+ in Spanish). This comprehensive resource covers topics and well-child visits from birth through young adulthood.

## Key collections

- *Communicating Visually in Pediatrics* helps medical professionals work with nonverbal children, including toddlers; non-English speakers; and those with autism, cerebral palsy, language disorders, intellectual disabilities, or oral-motor apraxia. Featuring 400 bilingual (English/Spanish) captioned images that illustrate medical procedures and patient communications, from basic bandaging to vaccination techniques.
- Access more than 400 handouts in the Schmitt Pediatric Care Advice collection.
- Quick Reference Sheets on more than 50 infectious diseases from *Managing Infectious Diseases in Child Care and Schools: A Quick Reference Guide*, 6th Edition.
- Bright Futures parent and patient handouts, available in English and Spanish for all ages, with select additional languages available for visits up to age 2.
- Eleven symptom-related and 10 Bright Futures handouts now available in English and 13 other languages (Arabic, Bengali, Chinese, French, Haitian Creole, Hmong, Korean, Polish, Portuguese, Russian, Spanish, Somali, and Vietnamese)

Learn more at [publications.aap.org/patiented](http://publications.aap.org/patiented).

**INSTITUTIONAL AND GROUP PRACTICE LICENSING** Provide anytime, anywhere access for all staff members and **SAVE!** To learn more about practice or institutional site licenses, visit [aap.org/en/forms/site-license](http://aap.org/en/forms/site-license).



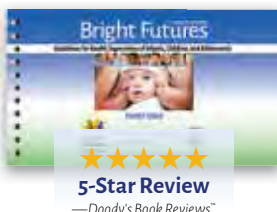
## DOODY'S CORE TITLE

### Bright Futures

Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition

Editors: Joseph F. Hagan Jr, MD, FAAP; Judith S. Shaw, EdD, MPH, RN, FAAP; and Paula M. Duncan, MD, FAAP

Paperback, 2017—868 pages  
 BFO043  
 Book ISBN 978-1-61002-022-0  
 eBook ISBN 978-1-61002-023-7  
 Price: \$74.95



### Bright Futures Guidelines Pocket Guide, 4th Edition

Spiral-bound, 2017—123 pages  
 BFO044  
 Book ISBN 978-1-61002-082-4  
 eBook ISBN 978-1-61002-083-1  
 Price: \$18.95

## Communicating Visually in Pediatrics

A Step-by-Step Tool for Patients and Caregivers

Danielle Fleckenstein, MA, LPC, ALMFT, CCLS, and Alan I. Rosenblatt, MD, FAAP



## Did you know?

*Communicating Visually* is also available digitally and is included within a *Pediatric Patient Education* subscription.

This spiral-bound visual communication aid is designed to help pediatricians and others who work in medical settings with children who are nonverbal; children with conditions such as autism, cerebral palsy, language disorders, intellectual disabilities, or oral-motor apraxia; or children who do not speak English.

Spiral-bound, 2022—60 pages  
 MA1041  
 Book ISBN 978-1-61002-566-9  
 Online Access ISBN 978-1-61002-727-4  
 Price: \$54.95 **Member Price: \$54.95**



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

345 Park Blvd  
Itasca, IL 60143



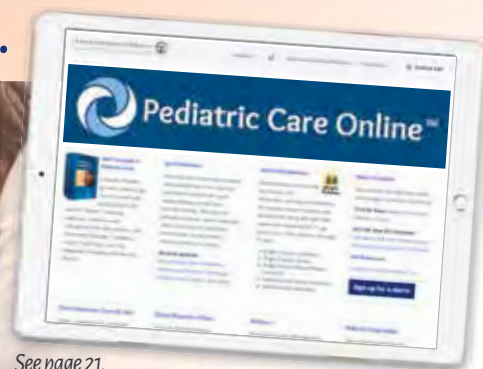
Non Profit Org.  
U.S. Postage  
**PAID**  
Palatine, IL  
Permit No. 7009

## Double the impact of your purchase.

When you buy in bulk from the AAP, you get the best value for your money—**up to 50% off the list price!** And your purchase has *twice the reach*. You help the family that receives an AAP parenting book, and you help children everywhere by funding the advocacy work of the AAP.

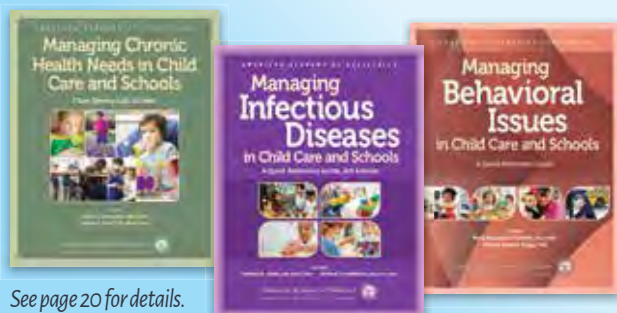


Find the latest relevant information distilled into **practical, action-oriented clinical solutions in PCO.**



See page 21.

Turn to the experts to keep kids happy, healthy, and safe in child care settings.



See page 20 for details.

## PEDIATRICS On Call



A podcast on children's health from the AAP

Subscribe to the podcast today!  
**[aap.org/podcast](http://aap.org/podcast)**

Tune in weekly to Drs **Joanna Parga-Belinkie** and **David Hill** discussing hot topics with the leading experts in pediatric medicine.

Listen to the science behind child health.



QUICK, SECURE ONLINE ORDERING ON

**shopAAP**  
aap.org/shopaap

ONLINE  
**[aap.org/shopaap](http://aap.org/shopaap)**

For secure online ordering  
Visa, MasterCard, Discover, and  
AMEX accepted

PHONE  
**866-843-2271**

7:30 am to 5:00 pm (CT)  
(630-626-6000 outside the United  
States and Canada)

MAIL

Send completed order to  
American Academy of Pediatrics  
PO Box 7524  
Carol Stream, IL 60197-7524

FAX  
**847-228-1281**

**24/7 ACCESS TO ALL AAP RESOURCES! 100% SATISFACTION GUARANTEED!**