

**2009 National Conference and Exhibition - Washington, DC**  
**Washington Convention Center - Room 102A**  
**Sunday, October 18, 2009**

**A FULL DAY OF ADOLESCENT HEALTH EDUCATIONAL PROGRAMMING IN ONE PLACE!**

**Section on Adolescent Health Section Program - H2052**

**9:00am - 12:45pm**

9:00 - 9:45 am

**Gender Variant Youth: The Role of the Pediatrician**

*Speaker: Irene N. Sills, MD*

Some children and adolescents express gender variant feelings and question the veracity of the gender they were assigned at birth. Pediatricians are increasingly being called upon to advise families of such gender variant youth and to support those adolescents who will eventually request gender reassignment with hormonal and surgical therapies. This session will focus on the pediatrician's role with these patients.

9:45 - 10:00 am

**2009 Section Awards Presentations**

*Alain Joffe, MD, MPH, FAAP, Recipient of the Adele Dellenbaugh Hofmann Award*  
*Margaret J. Blythe, MD, FAAP, Recipient of the Founders of Adolescent Health Award*

10:00 - 10:45 am

**Adolescent Male Reproductive and Sexual Health**

*Speaker: Charles J. Wibbelsman, MD*

This presentation will enable Pediatricians to feel more at ease when interviewing and discussing issues of puberty, reproductive physiology and sexuality with adolescent males as well as become more aware of the adolescent male's concerns in these areas, and more comfortable in performing a male genital exam. A differential diagnosis of scrotal masses in adolescent males will also be presented.

10:45 - 11:00 am

Break

11:00 - 11:45 am

**Contraception: What's New?**

*Speaker: Elizabeth M. Alderman, MD*

This session will provide an update on all hormonal contraceptive options for adolescent girls as well as emergency contraception. The use of hormonal contraception for common menstrual problems such as dysmenorrhea will also be addressed.

11:45 - 12:00 pm

Q&A Panel Discussion

12:00 - 12:45 pm

**Section business meeting\* and lunch\*\***

\* Don't miss the annual Section on Adolescent Health business meeting, where Liz Alderman (the chairperson) will update you on section activities and highlight ways you can get involved in YOUR section

\*\* Prepaid box lunches will be served. Tickets are required to claim your lunch. If you would like to purchase a lunch ticket, you may do so at the NCE registration desk.

**Joint Program: Section on Adolescent Health and Section on Bioethics - H2073**  
**Ethical Issues in Adolescent Medicine**  
**1:00pm – 5:00pm**

1:00 – 1:05 pm      **Introductory Remarks and Introduction of Faculty**  
*Mark Mercurio, MD, FAAP*

1:05 – 1:45 pm      **Adolescent Brain Development and the Mature Minor Doctrine**  
*Speaker: Tomas Silber, MD, MASS, FAAP*

This session will address the capacity for *adolescent informed consent* and the exercise of *adolescent confidentiality*, which have been incorporated into the “Mature Minor Doctrine.” Dr. Silber will reinforce the clinician’s role in evaluating an adolescent’s decision-making capability as related to brain maturation and public health considerations. Dr Silber will address the new findings related to confidentiality and judicious parental empowerment, while at the same time justifying continuous support for the current consent laws.

1:45 – 2:25 pm      **Limits of Adolescent Autonomy**  
*Speaker: Lainie Friedman Ross, MD, PhD, FAAP*

Dr Ross will discuss whether physicians truly support adolescent decision making in refusal of effective medical treatment in life threatening conditions by examining what happens when the adolescent’s parents agree or disagree with the minor’s decision. She will argue that respect for family autonomy is based on different moral principles than respect for adolescent autonomy. However, as the efficacy of treatment declines or the seriousness of the condition declines, physicians are and ought to be more willing to respect adolescent autonomy.

2:25 - 2:40 pm      Break

2:40 – 3:20 pm      **Adolescent Parents Facing End-of-Life Decisions for their Infants**  
*Speaker: Joel Frader, MD, FAAP*

Adolescent parents of dying children face the tragedy of impending loss and may have difficulties associated with achieving personal maturation and independence. When family or community cannot provide adequate support for decisions about the dying children, institutions must ensure sufficient emotional help for the parent and adequate attention to patients’ palliative care needs. Such assistance may substantially tax the time and skill of hospital staff members. Dr Frader will address the implications for adolescent parents and for the institutions providing care to their infants.

3:20 – 4:00 pm      **Faculty Roundtable Discussion with Audience Q&A**  
*Moderator: Mark Mercurio, MD, FAAP*

Audience members and program faculty will engage in a highly interactive discussion focused on audience questions and answers.

4:00 pm              **William G. Bartholome Award for Ethical Excellence and Lecture**  
*Presenter: Mary Adam, MD, FAAP – Chairperson, Section on Bioethics*  
*Presented to Duane Alexander, MD, FAAP*

*Award Recipient: Duane Alexander, MD, FAAP*  
Director, Eunice Kennedy Shriver  
National Institute of Child Health and Human Development